

# Sophie Ragg

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Coastal Ecologist, adventurer, surfer and teacher, Sophie currently works as an educator at an urban farm promoting fair food, education and community in the center of Sydney. With a Bachelor of Science from Dartmouth College, and conservation experience in Ecuador and Costa Rica, she is passionate about promoting restorative, reciprocal relationships with nature. She is also an advocate for ocean health, teaching high school ocean safety programs and working as a sailing instructor and a surf coach.

Sophie primarily focuses on sustainable food production and the effect that large scale agriculture has on coastal systems. She is particularly dedicated to working with children both in the ocean and on the farm.